



Castle Park
Dental Care

Here's to making a difference

Newsletter

October 2026

“

✨ ✨ Straighten Up & Smile!

Join us at our Teeth
Straightening Open Event
and discover how easy it
can be to transform your
smile.

”



CASTLE PARK
DENTAL CARE
Here's to making a difference

TEETH STRAIGHTENING OPEN EVENT

A brighter, more confident smile



OCTOBER 1ST - 31ST 2026



4.8 ★★★★★
200+ REVIEWS

EXCLUSIVE OPEN EVENT OFFERS

- ✓ **Full Clinical Assessment for just £99** (usually £286, saving you £187)
- ✓ **FREE** retainers (worth £160)
- ✓ **FREE** hygiene appointment when you go ahead with treatment (worth £130)
- ✓ **FREE** Professional Teeth Whitening Upon Completing Treatment
- ✓ **Complimentary** goody bag

EXCLUSIVE EVENT SAVINGS
WORTH OVER:

£950

Your care.
Our Priority



0% FINANCE AVAILABLE

Helping spread the cost of treatment
into manageable monthly payments
(subject to status).

- ✓ STRAIGHTER SMILE
- ✓ IMPROVED BITE
- ✓ STRAIGHTER, MORE
CONFIDENT SMILE
- ✓ CLOSES GAPS AND
CORRECTS CROWDING

Book Your
Appointment Today

Take the first step towards
your most confident smile.

☎ 01482 770597

🌐 castleparkdental.co.uk

📍 28 Castle Road,
Cottingham, East Yorkshire,
HU16 5NA



SCAN TO
BOOK &
FIND OUT
MORE

Pop in to book your appointment or learn more, we're happy to help!

💙 MORE CHOICE, MORE FLEXIBILITY, MORE APPOINTMENT OPTIONS!

We're changing our clinical team's working days to make it easier for you to find an appointment that suits you.

From October, Ilay Maden and Katie Bailey, our Hygiene Therapist, will be working different days of the week.

🦷 MEET THE NEW WORKING PATTERN



ILAY MADEN

Implants & Periodontal Care

 **17** Tuesday • Wednesday • Thursday

From Friday 16th October

Ilay will no longer be working Fridays and will instead be available across Tuesday, Wednesday and Thursday.

This gives you three consecutive days to choose from, making it easier to arrange your implant or periodontal appointments around your schedule.



✨ **KATIE BAILEY**

Hygiene Therapist

 **17** Wednesday • Thursday • Friday

From Tuesday 13th October

Katie will no longer be working Tuesdays and will instead be available Wednesday through to Friday. So, if mid-to-late week appointments work better for you, there are now more opportunities to book your hygiene appointment.

💙 OUR AIM? MAKING APPOINTMENTS EASIER FOR YOU

We're always looking at ways to improve your experience at Castle Park Dental Care. These changes are designed to provide greater flexibility, more choice and easier access to your preferred clinician.

Already have an appointment affected by these changes?

Don't worry — our team will contact you directly.

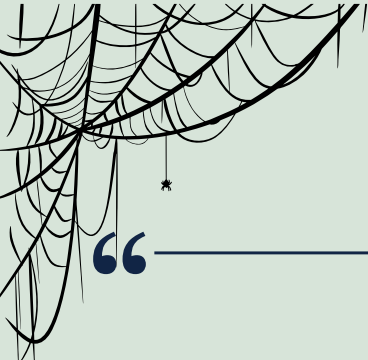
Ready to book?

📞 01482 770597

✉️ talk2us@castleparkdental.co.uk

Castle Park Dental Care

Your smile. Your choice. Your care.



“Have a fang-tastic
Halloween – but don't let
your sweet treats haunt
your teeth!” 🎃



🕷️ And finally... don't be scared of the dentist!

Regular dental appointments are an important part of keeping your teeth and gums healthy. Your dentist and hygiene therapist can help identify problems early and give you personalised advice on looking after your smile.

So this Halloween, enjoy the fun, enjoy a few treats and don't let the fear of tooth decay haunt your smile!

From all of us at Castle Park Dental Care,
have a happy, healthy and fang-tastic
Halloween! 🎃 🦋 🍷



Here are some fun Halloween facts:

🎃 Halloween Facts

1. Halloween dates back over 2,000 years
Halloween can be traced back to the ancient Celtic festival of Samhain, which marked the end of summer and the beginning of winter.

🎃 2. Pumpkins weren't always the lantern of choice
The tradition of carving lanterns originated with turnips and other root vegetables. When the tradition reached America, pumpkins became popular because they were larger and easier to carve.

🍬 3. Halloween means lots of extra sugar
Halloween is one of the biggest occasions for sweets and chocolate. The problem for teeth isn't just the amount of sugar, but how often your teeth are exposed to it.

🦷 4. Sticky sweets can be particularly troublesome
Toffees, caramels and gummy sweets can stick to teeth and remain in the mouth for longer, giving harmful bacteria more opportunity to produce acids.

👻 5. Your teeth are harder than you might think!
Tooth enamel is the hardest substance in the human body, even harder than bone. However, it cannot repair itself once it has been significantly damaged.

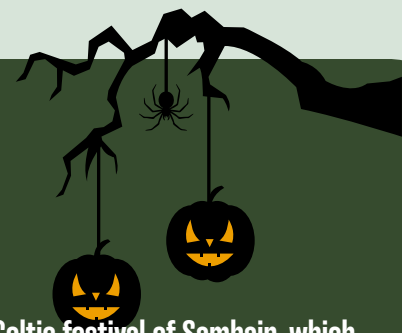
🔍 6. It's better to enjoy sweets in one go
If you're going to have Halloween treats, enjoying them with or shortly after a meal is generally kinder to your teeth than continually snacking on sweets throughout the day.

💧 7. Water can be your Halloween hero
Drinking water after sugary treats can help wash away food debris and dilute acids in your mouth.

🦷 8. Don't brush immediately after acidic treats
Some sweets and fizzy drinks are acidic. Rather than brushing straight away, rinse with water and wait around 30–60 minutes before brushing.

🎃 9. Halloween doesn't have to mean giving up treats
Good oral health isn't about never eating chocolate or sweets. It's about how much, how often and how well you look after your teeth afterwards.

👻 10. The scariest thing for your teeth?
It's not the vampire's fangs or the witch's broomstick – it's frequent sugar attacks throughout the day! 🍬 🦷





**Join the team in wishing Katie
a very Happy Birthday**



Spread the Cost of Your Treatment with Tabeo Finance!



At Castle Park Dental Care, we want to make achieving your dream smile as easy and affordable as possible. That's why we've partnered with Tabeo Finance, giving you the option to spread the cost of your treatment with simple, flexible payment plans.

Whether you're considering Invisalign, dental implants, teeth whitening, or a smile makeover, Tabeo Finance makes it easier to get started without worrying about the full cost upfront.

WHAT DOES THIS MEAN FOR YOU?

- ✓ Various finance options available, including 0% interest on up to 12 months – No hidden fees!
- ✓ Quick & easy application – Apply in minutes.
- ✓ Flexible payment plans – Choose a schedule that suits you.
- ✓ Initial first payment when finance agreement is completed.



For additional information, please go to www.tabeo.co.uk

Finance available to UK residents aged 18 and above.
Credit subject to status. Authorised and regulated by the Financial Conduct Authority

CALL US FOR MORE INFO

01482 770597

talk2us@castleparkdental.co.uk



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